



Family Devotional: The Promise of the Garden

Theme: God promised a Savior the moment sin entered the world.

Focus Verse:

“And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel.” Genesis 3:15 (NIV)

Other Scriptures:

- Genesis 3:1–7
- Genesis 3:14–15
- Genesis 3:21
- Romans 5:17

Devotional Thought:

Before there was ever a manger, there was a promise. When Adam and Eve disobeyed God in the Garden of Eden, sin entered the world, and everything changed. The perfect relationship people once had with God was broken. But God didn’t give up on us.

Right there, in the middle of our failure, He made a promise, the first promise of a Savior. God told the serpent that one day, someone would come from the line of Eve who would crush the serpent’s head forever. That someone was Jesus.

From the very beginning, God had a plan. He wasn’t surprised by our sin or caught off guard by our mistakes. He already knew how He would redeem us. The first sacrifice, when God made clothes of animal skins for Adam and Eve, pointed to the greatest sacrifice of all; Jesus giving His life to cover our sin.

So when we celebrate Christmas, we celebrate more than a baby in a manger. We celebrate the promise God made in the Garden, a promise that He kept through Jesus.

Scripture Focus:

Genesis 3:1–7 (NIV)

Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden’?”

The woman said to the serpent, “We may eat fruit from the trees in the garden, but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”

“You will not certainly die,” the serpent said to the woman. “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also



desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

Genesis 3:14–15 (NIV)

So the Lord God said to the serpent, “Because you have done this,
Cursed are you above all livestock and all wild animals!

You will crawl on your belly and you will eat dust all the days of your life.

And I will put enmity between you and the woman, and between your offspring and hers;
he will crush your head, and you will strike his heel.”

Genesis 3:21 (NIV)

The Lord God made garments of skin for Adam and his wife and clothed them.

Romans 5:17 (NIV)

“For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God’s abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ!”

Talk About It (Family Discussion Questions):

1. Use these questions to guide your family discussion:
2. Why do you think God made a promise right after Adam and Eve sinned?
3. What does Genesis 3:15 mean when it says the serpent’s head will be “crushed”?
4. How does Jesus fulfill that promise?
5. What do you think it means that God “covered” Adam and Eve after they sinned?
6. How does this story help us understand what Christmas is really about?

Weekly Challenge:

Draw or write down “God’s first promise.” Write Genesis 3:15 on a piece of paper or draw a picture that reminds you of that promise, maybe a snake and a cross, or a crown and a manger. Put it somewhere your family can see it this week and talk about what it means that Jesus is the serpent-crusher.

Family Prayer:

Heavenly Father, Thank You for loving us from the very beginning. Thank You for keeping Your promise and sending Jesus to crush sin and bring us back to You. When we mess up, remind us of Your grace. Help us to remember that You always have a plan, even when life feels messy or broken.

This Christmas, help our hearts stay focused on the greatest gift of all, Your Son, Jesus. In His name we pray, Amen.