

# Family Devotional: What Is Faith?

Theme: Understanding Biblical Faith

**Focus Verse:** "Now faith is confidence in what we hope for and assurance about what we do not see." — Hebrews 11:1 (NIV)

Other Scriptures: Hebrews 11:1, Genesis 12:1–4, Matthew 14:22–33, Romans 4:20–21, Matthew 17:20, and Hebrews 11:6

# **Devotional Thought:**

Faith can feel like a big mystery, but the Bible makes it simple. Faith is being **sure of what we hope for, and certain of what we cannot see**. It's like planting a seed. You don't see anything happening at first, but you trust that growth is coming.

Abraham trusted God enough to leave his home, not even knowing where he was going. That's faith. Peter trusted Jesus enough to step out of a boat in the middle of a storm. That's faith too.

Faith doesn't mean we never have doubts. It means we trust God enough to take the next step, even when we don't see the whole picture.

Faith is not "blind", it's holding on to the strong anchor of God's promises.

# **Scripture Focus:**

- Hebrews 11:1
- Genesis 12:1–4 (Abraham leaves his country in faith)
- Matthew 14:22–33 (Peter walks on water)
- Romans 4:20–21
- Matthew 17:20
- Hebrews 11:6

### Talk About It:

(Use these questions to guide your family discussion.)

• What do you think faith means in your own words?



- Why do you think God asked Abraham to leave his home? How do you think Abraham felt?
- Why do you think Peter stepped out of the boat? Would you have done it?
- Can you think of a time you had to trust God, even when you didn't know what would happen?
- How does it help you to know that even a little faith, like a mustard seed, can move mountains?

## Weekly Challenge: The Invisible Air Experiment

#### What You'll Need:

- A glass of water
- A stiff piece of cardboard

#### **Steps:**

- 1. Fill your glass all the way with water.
- 2. Place the cardboard on top of the glass.
- 3. Hold the cardboard with your hand and carefully flip the glass upside down.
- 4. Slowly remove your hand. The cardboard stays in place and holds the water!

### **Talk About It:**

You can't see air, but it's powerful enough to hold up the water. That's like faith! We may not see God with our eyes, but He is real, powerful, and always holding us up.

### **Memory Verse:**

"Now faith is confidence in what we hope for and assurance about what we do not see." — Hebrews 11:1

Tip: Write it out and post it where your family will see it, on the fridge, mirror, or car dashboard.

## **Family Prayer:**

Dear God, thank You for showing us what faith is.

Thank You for Abraham, who trusted You enough to go where You led.

Thank You for Peter, who trusted You enough to step out of the boat.

Please help us trust You this week, even when we don't see the whole picture.

Grow our faith, and remind us that You always keep Your promises.

We love You. In Jesus' name, Amen.