



Family Devotional: Trusting God with Your Today

Theme: How to trust God in the present moment, even when today feels overwhelming, ordinary, or uncertain.

Main Scripture: Matthew 6:25–34, Psalm 118:24, Lamentations 3:22–24, Exodus 16:1–35, Philippians 4:6–7

Focus Verse: Psalm 118:24 – “This is the day the Lord has made; we will rejoice and be glad in it.” (NKJV)

Devotional Thought:

Sometimes we get so caught up in *what’s next* or *what went wrong* that we miss what God is doing *right now*. Today is a gift, not something to dread or rush through. Jesus tells us not to worry about tomorrow because God is already there. When we trust God with *today*, we’re free to enjoy His presence, recognize His provision, and see even the ordinary moments as holy ground. From the manna in the wilderness to Jesus reminding us to “seek first the kingdom,” God’s message is clear: He is enough for *right now*. You don’t need to have it all figured out. You just need to trust Him with this day.

Scripture Focus:

- Matthew 6:11 – “Give us today our daily bread.”
 - Philippians 4:6–7 – “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”
 - Matthew 6:34 – “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”
 - Lamentations 3:22–23 – “Because of the Lord’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.”
 - Psalm 118:24 – “This is the day the Lord has made; let us rejoice and be glad in it.”
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Talk About It:

1. What’s one thing you’ve worried about recently?
2. Why do you think God wants us to focus on today instead of tomorrow?
3. How does knowing that God is already in tomorrow help you trust Him today?



4. How can we notice God's blessings in ordinary moments?
 5. What does it look like to trust God with something happening right now?
 6. If today is a gift, how can we "unwrap" it well?
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Read Together:

Exodus 16:11–30 – God Provides Manna in the Wilderness

Then the Lord said to Moses, "I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the Lord your God.'"

That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. When the dew was gone, thin flakes like frost on the ground appeared on the desert floor.

When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was.

Moses said to them, "It is the bread the Lord has given you to eat. This is what the Lord has commanded: 'Everyone is to gather as much as they need. Take an omer for each person you have in your tent.'"

The Israelites did as they were told; some gathered much, some little. And when they measured it by the omer, the one who gathered much did not have too much, and the one who gathered little did not have too little. Everyone had gathered just as much as they needed.

Then Moses said to them, "No one is to keep any of it until morning."

However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell.

So Moses was angry with them.

Each morning everyone gathered as much as they needed, and when the sun grew hot, it melted away...

Nevertheless, some of the people went out on the seventh day to gather it, but they found none. Then the Lord said to Moses, "How long will you refuse to keep my commands and my instructions?"



Talk about it:

- Why do you think God only gave the Israelites enough food for one day at a time?
- Have you ever wanted to skip ahead and know what's coming next?
- What makes it hard to trust God with what's happening today?
- How do you think the Israelites felt when they saw the manna on the ground each morning?
- What is something you need to trust God with right now?

This story reminds us that God provides just what we need, no more, no less, and He wants us to trust Him one day at a time.

Weekly Challenge:

As a family, create a cross together.

- It could be made from sticks in your yard, scrap wood, or just drawn and decorated on paper.
 - Place the cross somewhere everyone can see throughout the week—like the kitchen table, living room, or family prayer space.
 - Each day, encourage everyone to write down one worry they're carrying. Fold it up and lay it at the foot of the cross.
 - At the end of the week, gather as a family and pray over each of those worries—giving them to God and trusting Him with your today.
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Memory Verse:

Matthew 6:34 – “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

Tip: Write it out and post it where your family will see it—on the fridge, mirror, or car dashboard.

Family Prayer:

Lord God, thank You for being with us right now. Help us not to rush ahead or look back, but to trust You with this very moment. Teach us to rely on Your daily provision, just like You provided manna in the wilderness. Help us to bring our worries to You and find peace in Your presence. Thank You for being faithful today, tomorrow, and always. In Jesus' name, Amen.