



## Free Family Devotional: Trusting God in the Face of Fear

**Theme:** Courage isn't about having no fear—it's about trusting God even when we're afraid.

**Main Scripture: Joshua 1:9 (NIV)** "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

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### 1. Read the Story Together: *Joshua 1:1–9* and *Mark 4:35–41*

Talk about it:

- Why do you think Joshua felt afraid even though he had been preparing for this moment for years?
- What did God promise Joshua?
- How did the disciples react in the storm?
- What did Jesus do when they were afraid?

### 2. Family Discussion:

- Can you think of a time when you felt afraid?
- What helps you when you're scared?
- What's something you believe God is calling you to do—even if it's scary?
- Why do you think God told Joshua to be strong and courageous four times?

### 3. Weekly Challenge: Do one thing afraid.

As a family, memorize Joshua 1:9. Write it down and place it on your mirror, fridge, or dashboard. Then each family member chooses one thing to do this week—even if it's scary.

Ideas:

- Invite someone new to sit with you at lunch.
- Pray out loud.
- Try something outside your comfort zone.
- Say "yes" to something God is nudging you toward.

Talk about it at dinner:

- What did you do afraid?
- How did God help you?
- What did you learn about courage?



**4. Prayer Prompt:** "God, thank You for always being with us, even when we're afraid. Help us to trust You more than we trust our feelings. Give us the courage to say yes to You—even when it's scary. Amen."

**5. Bonus Activity:** Create a "Courage Jar." Every time someone in your family does something afraid, write it down on a slip of paper and put it in the jar. At the end of the month, read them all and celebrate how God gave you strength!

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